



## DEPARTMENT OF HEALTH

Wes Moore, Governor · Aruna Miller, Lt. Governor · Laura Herrera Scott, M.D., M.P.H., Secretary

### MEMORANDUM

Date: 9/30/2024

To: All providers who collect Newborn Screening specimens

From: Maryland Newborn Screening Follow-Up

Subject: Out-of-hospital Initial Newborn Screening Courier

Per the Code of Maryland Regulations [10.52.12.09.B](#), the individual responsible for collecting and submitting a blood-spot specimen for a newborn screening test shall ensure the specimen is forwarded by courier to the Department's public health laboratory within 24 hours of collection.

To facilitate specimen delivery, the local health departments are providing access to their state courier. Specimens may be dropped off Monday through Friday as instructed in the table below.

- Specimens that cannot be dropped off before Friday's pickup at the local health department should be couriered by another system.
- Providers should make every effort possible to ensure specimens collected on a Saturday are delivered to the laboratory prior to its closing at 2PM.
- On the following holidays, the local health departments are closed, but the state laboratory is open and processing specimens. Alternative courier systems should be utilized to ensure timely delivery for specimens collected on or before these holidays.
  - Martin Luther King Jr. Day
  - President's Day
  - Juneteenth
  - Columbus Day
  - Election Day
  - Veterans Day
  - American Indian Heritage Day
- If the local health department courier is not convenient, providers may make alternative arrangements at their own expense.

As a reminder, the following conditions on the newborn screening panel are time-critical and without prompt collection and delivery can lead to severe morbidity and mortality.

- Congenital Adrenal Hyperplasia

- Classic Galactosemia
- Infantile Pompe Disease
- Beta Ketothiolase Deficiency
- Multiple Carboxylase Deficiency
- Glutaric Acidemia Type 1
- Isovaleric Acidemia
- Methylmalonyl-CoA Mutase Deficiency
- Propionic Acidemia
- Trifunctional Protein Deficiency
- Long Chain Hydroxy acyl-CoA D.D.
- Very Long Chain acyl-CoA Dehyd. Deficiency
- Medium Chain acyl-CoA Dehyd. Deficiency
- Argininosuccinic Aciduria
- Citrullinemia
- Maple Syrup Urine Disease

<b>County</b>	<b>Courier Cutoff Time</b>	<b>Instructions</b>	<b>Address</b>
Allegany	4:00 PM	Providers should bring specimens to the lab entrance door where they will ring the call button and someone will come to retrieve the samples.	12501 Willowbrook Road Cumberland, MD 21502
Anne Arundel		<a href="#">See attached list</a>	
Baltimore City		Providers should drop off specimens directly at the Lab loading dock.	1770 Ashland Avenue Baltimore, MD 21205
Baltimore County		<a href="#">See attached list</a>	
Calvert	3:00 PM	Providers should drop off specimens to the front desk.	975 Solomons Island Road North Prince Frederick, MD 20678
Caroline	2:30 PM	Providers should drop off specimens in the large plastic cooler labeled "Pickup for MDHCourier" located in the main lobby behind the security desk.	403 S. 7th Street Denton, MD 21629
Carroll	1:00 PM	The providers should enter through the main entrance and drop off the specimens at the front desk. Attn: Kasie Pratesi	290 South Center Street Westminster, MD 21157
Cecil	3:00 PM		401 Bow Street Elkton, MD 21921
Charles		Providers should contact Edith Krater at	4545 Crain Highway

		301-609-6898 to arrange specimen drop off.	White Plains, MD 20695
Dorchester	3:00 PM	Providers should drop off specimens at the front desk. , ask them to inform the nurse.	3 Cedar Street Cambridge, MD 21613
Frederick	3:00 PM	Providers should enter through entrance A. There will be a set of double- doors and the front desk will be on the right- hand side.	350 Montevue Lane Frederick, MD 21702
Garrett			1025 Memorial Drive Oakland, Maryland 21550
Harford	2:30 PM	Providers should drop off specimens at the front desk.	1321 Woodbridge Station Way Edgewood, MD
Howard	12:30 PM		8930 Stanford Boulevard Columbia, MD 21045
Kent	1:45 PM	Providers should drop off specimens to Donna Green, the clinic secretary.	125 South Lynchburg Street Chestertown, MD 21620
Montgomery	1:30 PM	Providers should deliver specimens to the back door. Please ring the doorbell and inform security of the specimen drop off. Specimens must be signed in.	8630 Fenton Street Silver Spring, MD 20910
Prince George's	2:30 PM	Specimens should be placed in the metal box at the security desk.	3003 Hospital Dr Cheverly, MD 20785
Queen Anne's	1:30 PM	Providers should drop off specimens to Melissa Aftoora.	206 N. Commerce Street Centreville, MD 21617
Somerset	2:00 PM		8928 Sign Post Road, Suite 2, Westover, MD 21871
St Mary's	1:00 PM	Providers should drop off specimens at the Clinic.	21580 Peabody Street Leonardtwn, MD 20650
Talbot	3:00 PM	Providers should drop off specimens at the front desk, ATTN: Erin Smith	510 Cadmus Lane Easton, MD 21601
Washington	2:30 PM	Providers should obtain a key from the desk to drop off specimens in the designated room.	1302 Pennsylvania Avenue Hagerstown, MD 21742
Wicomico	3:00 PM	Providers should check in at front desk window for specimen drop off.	108 E. Main Street Salisbury, MD 21801
Worcester	12:30 PM		6040 Public Landing Road Snow Hill, MD 21863

For any questions or inquiries please contact Newborn Screening Follow-up at 443-681-3916.